

Cosmetology I Competencies

2013/2014 Competency-Based Task/Competency List

Demonstrating Workplace Readiness Skills: Personal Qualities and People Skills

1. Demonstrate positive work ethic.
2. Demonstrate integrity.
3. Demonstrate teamwork skills.
4. Demonstrate self-representation skills.
5. Demonstrate diversity awareness.
6. Demonstrate conflict-resolution skills.
7. Demonstrate creativity and resourcefulness.

Demonstrating Workplace Readiness Skills: Professional Knowledge and Skills

8. Demonstrate effective speaking and listening skills.
9. Demonstrate effective reading and writing skills.
10. Demonstrate critical-thinking and problem-solving skills.
11. Demonstrate healthy behaviors and safety skills.
12. Demonstrate an understanding of workplace organizations, systems, and climates.
13. Demonstrate lifelong-learning skills.
14. Demonstrate job-acquisition and advancement skills.
15. Demonstrate time-, task-, and resource-management skills.
16. Demonstrate job-specific mathematics skills.
17. Demonstrate customer-service skills.

Demonstrating Workplace Readiness Skills: Technology Knowledge and Skills

18. Demonstrate proficiency with technologies common to a specific occupation.
19. Demonstrate information technology skills.
20. Demonstrate an understanding of Internet use and security issues.
21. Demonstrate telecommunications skills.

Examining All Aspects of an Industry

22. Examine aspects of planning within an industry/organization.
23. Examine aspects of management within an industry/organization.
24. Examine aspects of financial responsibility within an industry/organization.
25. Examine technical and production skills required of workers within an industry/organization.
26. Examine principles of technology that underlie an industry/organization.
27. Examine labor issues related to an industry/organization.
28. Examine community issues related to an industry/organization.
29. Examine health, safety, and environmental issues related to an industry/organization.

Addressing Elements of Student Life

30. Identify the purposes and goals of the student organization.
31. Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.
32. Demonstrate leadership skills through participation in student organization activities, such as meetings, programs, and projects.
33. Identify Internet safety issues and procedures for complying with acceptable use standards.

Demonstrating Safety, Sanitation, and Disease Control

34. Sanitize hands before and after every service.
35. Demonstrate standard treatment of an injury to a client and to oneself.
36. Follow OSHA guidelines for sanitizing and disinfecting implements after a blood spill.
37. Identify the components of a Material Safety Data Sheet (MSDS).
38. Demonstrate prescribed procedures for attending to a contaminated (i.e., by blood spill, disease) work area.

39. Demonstrate knowledge of blood-borne pathogens, including blood poisoning, hepatitis C, and AIDS.
40. Demonstrate safety practices when working with all chemicals.

Maintaining, Sanitizing, and Disinfecting Implements, Equipment, and Facilities

41. Sanitize and disinfect combs, brushes, shears, and other implements.
42. Sanitize and disinfect electrical equipment.
43. Maintain salon equipment.
44. Sanitize rollers, clips, perm rods, and perm trays.
45. Launder towels, capes, and smocks.
46. Sanitize work areas.

Exhibiting Professionalism and Workplace Ethics

47. Demonstrate a professional image.
48. Demonstrate correct posture and physical poise.
49. Follow practices and procedures related to workplace ethics.

Introducing Cosmetology

50. Summarize the origin and advancements of cosmetology.
51. Identify various career options within cosmetology.
52. Follow competency procedures.

Gathering Client's History

53. List client's personal information and factors that could affect the service.
54. Record client's medical history to ensure client's health and safety.

Shampooing and Conditioning Hair

55. Conduct client consultation regarding use of hair products.
56. Apply towel and drape to client.
57. Analyze client's scalp and hair for abnormal conditions.
58. Brush hair in preparation for shampoo.
59. Shampoo hair.
60. Condition hair.

Cutting Hair

61. Consult with client before haircut.
62. Analyze client's hair, prior to a haircut.
63. Apply towel and drape to client.
64. Demonstrate various haircutting elevations.
65. Demonstrate hand positions for cutting.
66. Demonstrate safe and effective handling of haircutting implements.
67. Cut hair.
68. Check overall haircut.

Styling Hair

69. Demonstrate knowledge of styling and finishing products.
70. Demonstrate use of blow dryer and brushes.
71. Set hair, using pin curls.
72. Set dry hair on hot rollers.
73. Set hair, using curling iron.
74. Set hair, using rollers.
75. Demonstrate hair wrapping and sculpting techniques.
76. Perform finger waves.
77. Straighten hair, using thermal tools.
78. Style hair by basic braiding.
79. Demonstrate comb-out techniques.

Introducing Chemical Texture Service Procedures

80. Conduct client consultation regarding chemical service procedures.
81. Analyze hair and scalp condition.

82. Select rod type for permanent waving.
83. Select wrap method and sectioning pattern.
84. Demonstrate sectioning and subsectioning.
85. Apply relaxer.

Caring for Skin, Hands, and Feet

86. Perform basic manicure.
87. Perform basic pedicure.